



# Maronite Catholics for Life united for the defense of the sanctity of all human life, and of married & family life!!

Office of Family and Sanctity of Life of the Eparchy of Saint Maron of Brooklyn



## March 19th - The Solemnity of Saint Joseph, Patron of the universal Church

### Intention for the month:

We pray that all men follow the example of Saint Joseph who protected The Blessed Virgin and Baby Jesus against the tyranny of Herod who sought to kill the Baby. May his example of courage and respect of life inspire all men to be defenders of human rights of all people especially unborn babies.

### Suggested Activity

1- Plan an outgoing event for the parish; go as a group and watch the movie *Unplanned* which will be released at the end of March.

More information about the movie can be found on its website

[www.unplannedfilm.com](http://www.unplannedfilm.com).

2- Organize a "Jesus Run," or something similar to assist the poor where you give more of yourself by sharing your time and love with the homeless and the lonely on the streets. Participants are encouraged to pray and prepare together food and other needs for the homeless then head out to meet Christ in the lonely on the streets.

"For I was hungry, and you gave me food.. Naked, and

**Food for the thought:** "If you think you're too small to make a difference, you've obviously never been in bed with a mosquito." (Michelle Walker)

<https://www.facebook.com/familysanctitylifemaron/>

### Reflection

God could have provided for Mary and Jesus without having Joseph in their life. Yet He entrusted to Saint Joseph the mission of taking care of His Son and His mother. This task highlights the importance of fatherhood and the family in God's sight; a fatherhood that can be spiritual and divine, not only biological and physical, as shown in the example of St Joseph whose fatherhood was sustained through the years of protecting and supporting a wife and son. He was in a very true sense the reflection of the Fatherhood of God in the family at Nazareth. His position thus was to manifest the Divine Paternity of the Hidden Father, and as all fathers to sanctify (lead the family's prayer life/his "priesthood" in the domestic church) to teach, to provide and to protect. The Holy Family must be a model for every family so we can build strong communities and a healthy environment for all children.

As we enter into Lent, let us reflect on ways to strengthen families, to give more of ourselves and not just give up food, on ways in which we can defend the sanctity of life, families and marriages against this throw-away culture of death.

### Events in the Eparchy

#### "Innovations in Women's Health Care"

A seminar on the Creighton Model FertilityCare™

System and NaProTECHNOLOGY on

Saturday March 23<sup>rd</sup> in Philadelphia Pa

Saturday May 4<sup>th</sup> in Brooklyn NY

Saturday May 11<sup>th</sup> in Torrington CT

Sunday May 12<sup>th</sup> in Sleepy Hollow NY.

Come and hear about real solutions to real problems like infertility, recurrent miscarriages, premenstrual syndrome... For more information and other events, you can check: <http://www.cedaroflebanonfcc.com/eparchial--diocesan-events.html>

### TAKE ACTION

Do you realize that you can make a difference no matter how small it might look?

**Make a difference and make your voice heard by signing up for alerts and taking action.** It takes less than a minute to enter your information and to sign up for Action Alerts.

<https://www.votervoicenet/USCCB/home>

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